

# Community Healing Unit



## Systems Navigation

Receive systems navigation support, victim services, & linkage to community resources.



## Counseling

Meet with culturally sensitive counselors who specialize in trauma informed care.



## Holistic Healing

Access and learn about holistic healing resources & wellness practices.

## Eligibility Criteria

- ✓ Resident or Incident in Alameda County
- ✓ Impacted by hate, crime, and/or violence

**Health insurance is not required.**

## Contact Us

**510-735-3940**

**[AHSHealingUnit@ahschc.org](mailto:AHSHealingUnit@ahschc.org)**

Service Hours: Monday-Friday 9am - 5pm

Services are provided in English & many other Asian languages.