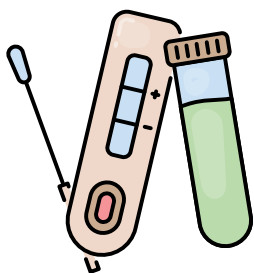




COVID-19 TESTING FOR INSURED INDIVIDUALS

Testing resources are available through your medical provider. We encourage you to use their services.



1) No Cost Self-Test (OTC) Kits

Most health care providers will provide 8 free tests monthly or will reimburse you for tests. Contact your health plan for details. U.S. residents can order one set of 4 free at-home tests from [COVIDtests.gov](https://www.covidtests.gov).

2) Some Insurance Providers May Not Cover COVID-19 Services

If your health insurance provider does not cover COVID testing, you may receive self-test kits or an onsite test.



3) Treatment Referrals

Reach out to your health care provider. If you are not able to reach them within 24 hours, call the California Telehealth Line at (833) 686-5051 to speak with a health care provider or visit [sesamecare.com/covidca](https://www.sesamecare.com/covidca).



4) Educational Materials

COVID-19 information and recommendations, self-test kit demo, and the latest COVID-19 guidance are available to all.

