



# ASIAN HEALTH SERVICES

HEALTH CARE FOR ALL. ADVOCACY FOR THE UNDERSERVED.



The AHS Specialty Mental Health Training Program provides community-based mental health services to consumers of all ages. A supportive learning environment with seasoned professionals provides a unique learning opportunity to acquire skills in many facets of community mental health care.

## **Program Goals**

Provide a quality training experience that combines intensive and diverse client care services, interactive trainings, and clinical supervision and mentoring from skilled licensed professionals.

## **Programs and Services**

We specialize in serving primarily the low-income Asian immigrant populations in Alameda County who are experiencing a serious mental health issue.

- Mental Health Treatment Programs (all ages): therapy, case management, crisis intervention, group rehab
- Prevention Program (all ages): psychoeducational workshops, wellness support groups, and short-term counseling
- Psychiatry Clinic (all ages): psychiatric evaluations, psychiatric consultation, medication management, and medical supportive counseling

## **Program Requirements**

- Enrollment in an accredited Masters, Medical, NP, or Doctoral program (Ph.D., Psy. D., MSW, MA, Nurse Practitioner, Psychiatry)
- Knowledge and experience in conducting therapy, case management, rehab, risk assessments, and clinical diagnoses
- Ability to speak an Asian language preferred

### **Contact:**

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