



ASIAN HEALTH SERVICES

Protect yourself and your family by getting your flu shot today! It is best to get it early before the flu viruses begin spreading in your community. It will prevent you from getting seriously ill from the flu and having to go to the hospital. The flu vaccine does not cause the flu.

There are many places to get a flu vaccine:

- 1. Many pharmacies and groceries, such as Walgreen's, CVS, Lucky's, Target, and Safeway offer the flu vaccine without an appointment.** You can show them the enclosed Flu Vaccine Information Sheet so they will know what vaccine you want. Please remember to bring your ID card and medical insurance card. Call in advance to check supply, age requirements, and if they accept your insurance.

- 2. Asian Health Services Flu Vaccine Clinics**
 - 12/5/2020 Pediatric & Adult Flu Vaccine Clinic, 818 Webster Street, Oakland, 9am – 1pm
For people aged 6 months - 18 years old, patient **must** be accompanied by parent/legal guardian. Please bring **child's** AHS membership card (if member) **and** insurance card.
 - 12/12/2020 - Adult Flu Vaccine Clinic, 835 Webster Street, Oakland, 9am – 1pm

- 3. Alameda County Public Health Flu Vaccine Clinics**
 - Check the Alameda County Public Health website (<https://acphd.org/flu/flu-clinics/>) for the most up-to-date information.

Information subject to change.