UCSF Benioff Children's Hospitals

MGA TAGUBILIN HINGGIL SA COVID-19 Drive-Through (or Walk-Through)

Bago Pumunta

- Kung ang inyong anak ay nasa "car seat" i-posisyon siya sa likuran ng upuan ng pasaherong katabi ng drayber upang maging madali ang aming pag-kolekta ng sample.

- Ang inyong taga-pangalaga ng kalusugang pambata (PCP) ay magpapadala ng paks para sa rehistrasyon sa UCSF Benioff Children's Hospital Oakland upang ma-irehistro ang bata bago kayo pumunta. Makakatanggap kayo ng tawag para sa oras at petsa ng appointment. *Ang mga pasyenteng naitalaga at na-iparehistro lamang ng PCP ang maaari naming tanggapin.*

PAALAALA: Hindi susuriin ang mga pasyente ng medikal na taga-pangalaga o eeksaminin sa lugar kung saan kokolektahin ang espesimen. Ito ay para pag-kolekta lamang ng sample. Kung ang pasyente ay may katamtaman o malubhang sakit dulot ng COVID-19 at kailangang masuri, pakitawagan ang PCP upang malaman ninyo ang pinakamainam na paraan para masuri (pagbisitang telemedisina, pagbisita sa klinika ng regular na doktor o sa departamento ng emergency).

Para sa kaligtasan nating lahat, ang aming grupo ay nakasuot ng guwantes, maskara sa mukha, pananggalang sa buong mukha at gown na pang-medikal.

Alituntunin Sa Pagdating

Lokasyon ng testing:

- Drive-up: Pumasok po kayo sa driveway, 5275 Claremont Ave.
- Para sa hindi naka-kotse: Pumasok sa gusali sa 5400 Telegraph Ave.
- Dumating sa eksaktong oras ng umpisa ng appointment upang maiwasan ang pagsikip ng trapiko.
- Sa pagpasok sa driveway, dumiretso sa stop sign, ibaba ang bintana at sabihin sa tagapag-kolekta *ang pangalan ng inyong anak at petsa ng kapanganakan.*
- Kung kayo po (magulang) ay hindi naka maskara, aabutan po kayo ng surgical mask.

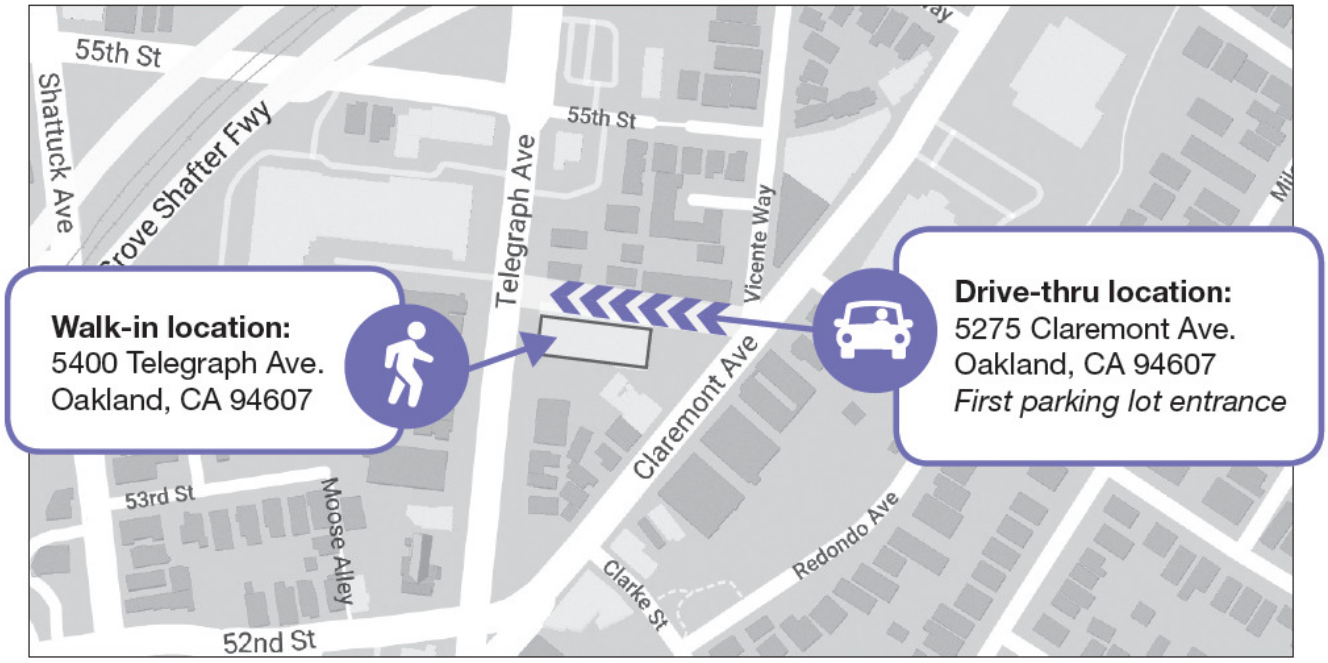
Paano ginagawa ang pagsusuri:

- Kayo, (magulang) ay pag-bibilinang pumunta sa likod (ng drayber) na upuan, o sa tabi ng bata upang hawakan ang kanyang ulo habang kumukuha ang nars ng sample.
- Ang pagsusuring ito ay nangangailangan ng mga sekresyong nasa pinakaloob ng ilong.Upang makakuha ng maayos na sample, gagamit kami ng swab. Ang swab ay gaya ng isang mahaba't manipis na Q-tip,na marahang ipapasok sa loob ng ilong hanggang sa may likuran ng bunganga.
- Karamihang pasyente ay hindi comportable sa ganitong sitwasyon at mapapahatsing. Ang swab ay nagdudulot ng kakaibang pakiramdam pero hindi naman ito masakit. Pakiusap pong magdala ng tissue (Kleenex) pampahid sa ilong ng bata matapos makuhanan ng sample kung sakaling siya ay mapa-hatsing.

Anong mangyayari pagkatapos ng test:

- Pinapakiusap po naming bumalik kaagad sa inyong bahay matapos ang test para sa pagbubukod sa bata at pag-kwarantina sa buong pamilya, hanggang makabalik ang resulta ng ginawang pagsusuri sa espesimen. Kayo po ay kokontakin tungkol sa resulta ng eksaminasyon, dalawang araw matapos itong gawin.
- Kagaya ng ibang medikal na pagsusuri, ang pag-eksamin sa Covid-19 ay ipapadaan sa inyong insurance at makakaasa po kayo na walang karagdagang babayaran ng dahil COVID-19 testing.
- Makakatanggap po kayo ng buod sa inyong pagbisita mula ospital/klinika at mga tagubiling nakasulat magmula naman sa county kung saan kayo nakatira, upang maisakatuparan ninyo ang tamang paraan ng pagbubukod at pag-kwarantina ng naaayon sa inyong county.

COVID-19 Testing by Appointment Only



UCSF Benioff Children's Hospitals

COVID-19 Drive-Through (or Walk-Through) Testing Instructions

Before Arrival

- If your child is in a car seat, please try to position the car seat in the back seat on the *driver's* side of the car to make it easier for us to collect the sample.
- If at all possible, leave other children at home.
- Your primary care provider (PCP) will fax a registration form to UCSF Benioff Children's Hospital Oakland to pre-register your child.
- You will receive a call with the appointment date and time.
- We will only test those patients who have been referred by a PCP and were pre-registered.

NOTE: Patients will not see a medical provider or have an exam at the specimen collection site. It is for sample collection only. If patients have moderate to severe suspected COVID-19 illness and need a patient visit and exam, please talk to your provider to identify the appropriate care environment (telemedicine visit, primary care or through the emergency department).

For your safety and the safety of everyone on the test site, our team members will be wearing gloves, masks, face shields and gowns.

Instructions for Arrival

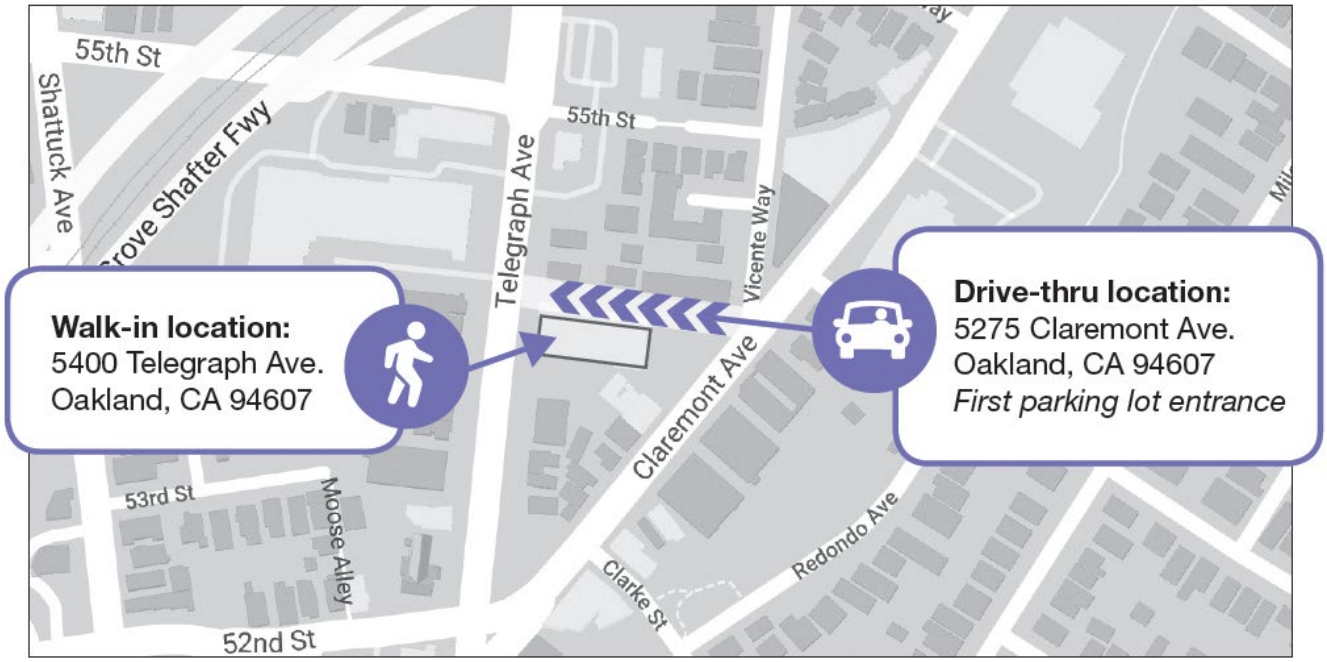
Testing location:

- Drive-up: Enter the driveway at 5275 Claremont Ave. There may be a line. Be patient!
- For those arriving on foot or by public transportation: Enter the building at 5400 Telegraph Ave.
- Arrive exactly when your appointment begins to avoid having to wait in a line.
- As you enter the driveway, pull forward to the stop sign, roll down your window and tell the security guard your *child's* name and date of birth. Move forward as directed.
- You and your child should wear masks. If you don't have masks, they will be provided.

How testing is done:

- You (the parent) will be instructed how to best support your child. You might need to get into the back seat and hold your child's head while the nurse obtains the swab sample.
- This type of test uses secretions that are in the nasal passages. In order to gather a sample best suited for an accurate test result, we use a swab. A swab is similar to a long, thin Q-tip. We gently insert the swab into the mouth and then the upper nasal passage through a nostril.
- Most patients find this a bit uncomfortable and will typically sneeze in reaction. The swab feels unusual but does not hurt. Please try to have tissues (Kleenex) handy to wipe your child's nose after the sample has been collected and if sneezing occurs.

What happens after the test:

- We ask that you return home and continue isolation for your child and quarantine for your family until your results come back. You will be contacted regarding your child's COVID-19 test results by phone within one to two days of sample collection.
- Similar to other visits, we will process the appointment through your insurance plan, but do not expect that you will incur any expenses as a result of COVID-19 testing.
- You will be given a summary from the hospital/clinic team and written instructions from your county of residence about isolation and quarantine at home.

COVID-19 Testing by Appointment Only